




**PORTLANDER** EST. 2012  
WELLINGTON / NEW ZEALAND

**PORTLANDER KIDS COMBO**

**MAINS \$17**

*Pumpkin soup, bread, crispy pumpkin seeds (SGI\*)*

*Smokey ribs, vegetables and your choice of fries or roast potatoes (SGI, DF\*)*


*Grilled free range chicken breast with jus, vegetables and your choice fries or roasted potatoes (SGI, DF\*)*  **KIDS CHOICE**

*Kids steak with jus, vegetables and your choice fries or roasted potatoes (SGI, DF\*)*  **KIDS CHOICE**

*Battered fish fillets, vegetables and fries (DF\*)*

**DESSERTS \$5**

*Chocolate brownie with heaps of chocolate sauce and toasted marshmallows (because it's not my kid!)*

*A big bowl of fresh seasonal fruit salad with natural yogurt (because it's your kid!). (SGI)*  **KIDS CHOICE**

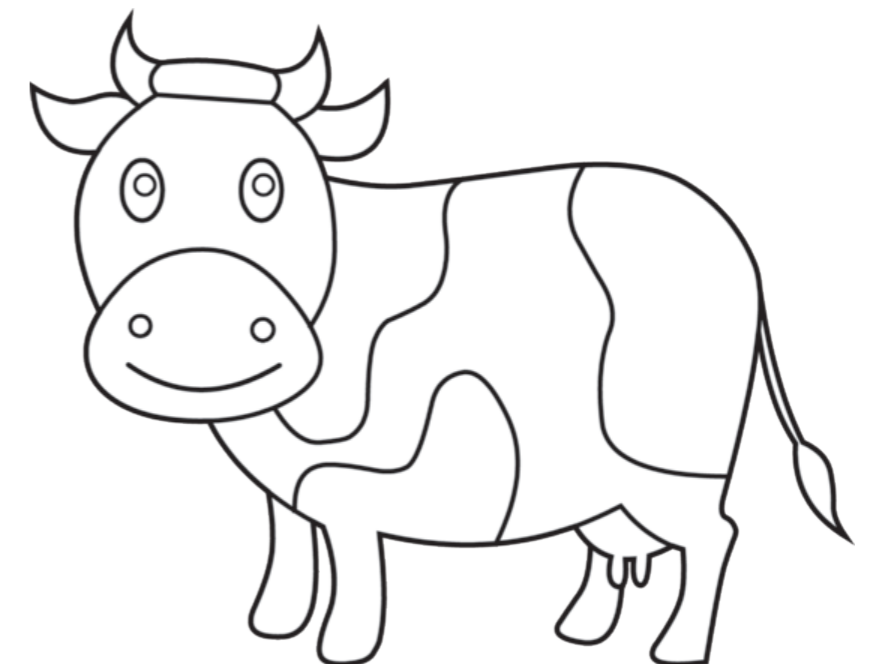
*Kids sundae, pink wafers, Chocolate sauce, vanilla ice cream, sprinkles*

**Can you find all the words...?**

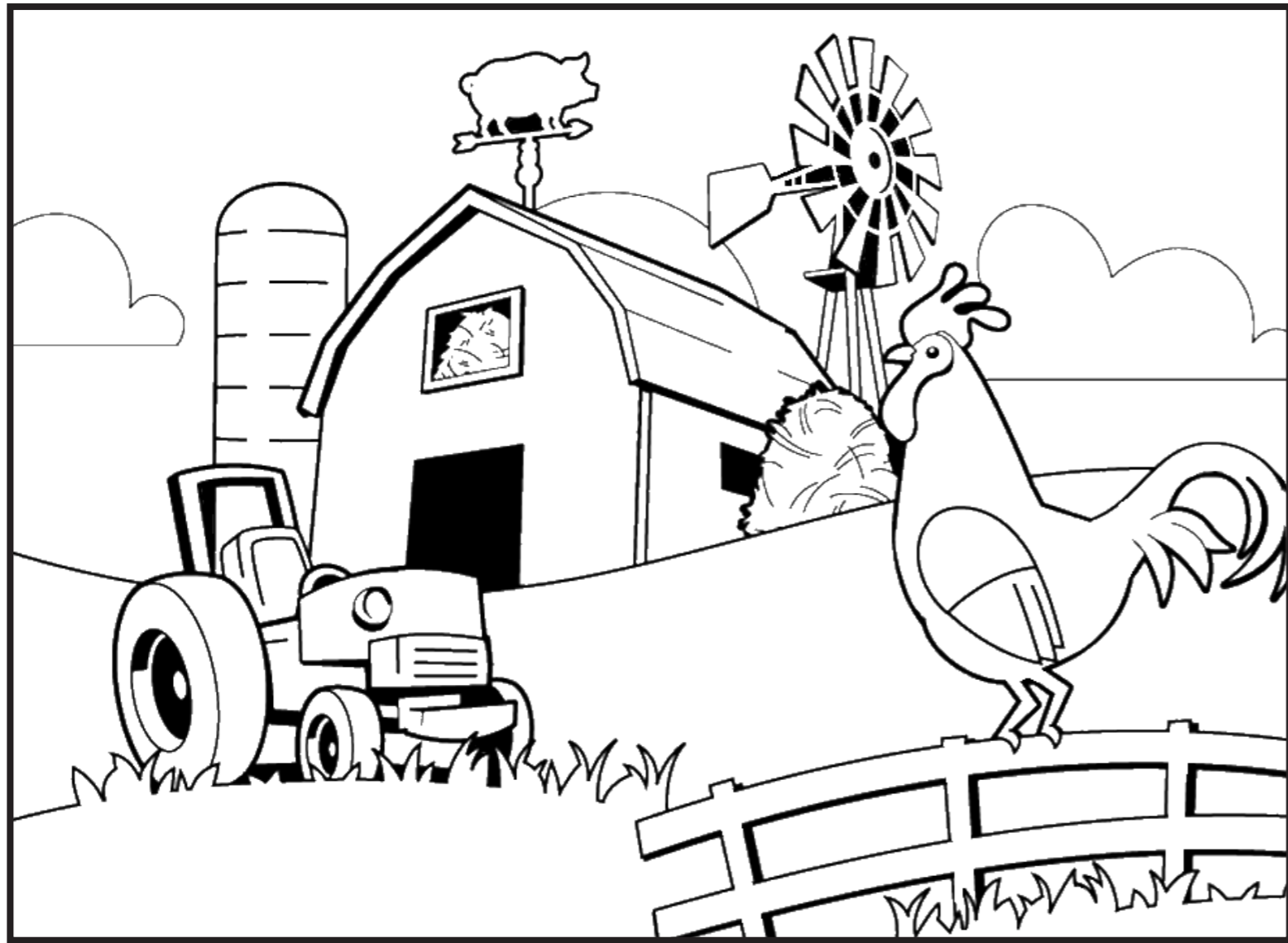
V I Y M S J A H E T T N E K C I H C S F  
 Y P J H I G E U X R P N C S Q H P I E Y  
 U A M U R A T G V O W S A O M B P H L R  
 M K Y A L R R E D N A L T R O P C F B E  
 M R X T O L E D E I P F O M U K I U A N  
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 N Y P P N O A O V H J N H Z A X T N E I  
 S S E G U L W H I T E B A I T U E S G D  
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 P H S K F N A M P M D E B O T W N Y U N  
 C N N C C K U P Q N A N P C M D J E F F  
 U A K N F C V V U K V T F Q T J T G O F  
 P Z W Z R U L S K X W H D I T E Y W R D

YUMMY  
 STEAK  
 CHEF  
 DINNER  
 PORTLANDER  
 COOKING  
 SUNDAE  
 SAUCE  
 SIRLOIN  
 BURGER  
 RESTAURANT  
 AUTUMN  
 VEGETABLES  
 HEALTHY  
 CHICKEN  
 WAKANUI  
 CHOCOLATE  
 FRIES  
 WHITEBAIT  
 KNIFE

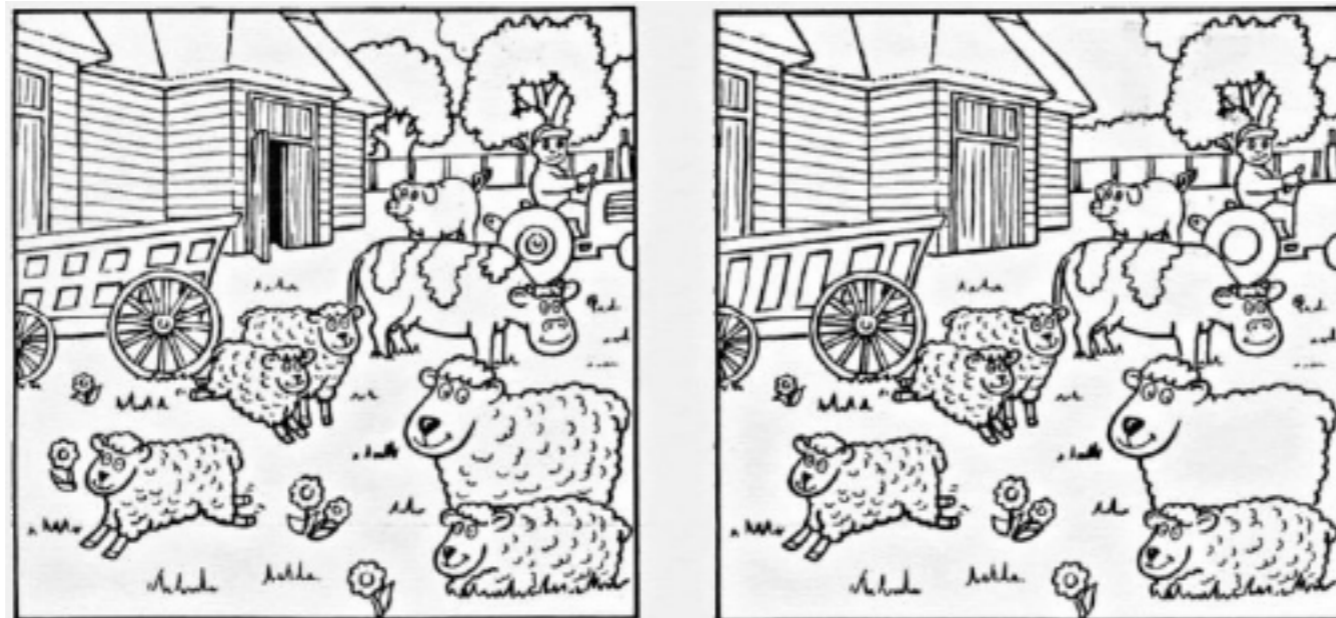
Use your favourite colours to fill in Heidi the cow!



Meals with the Kids' Choice icon have been developed to meet strict recipe guidelines set by the Heart Foundation.

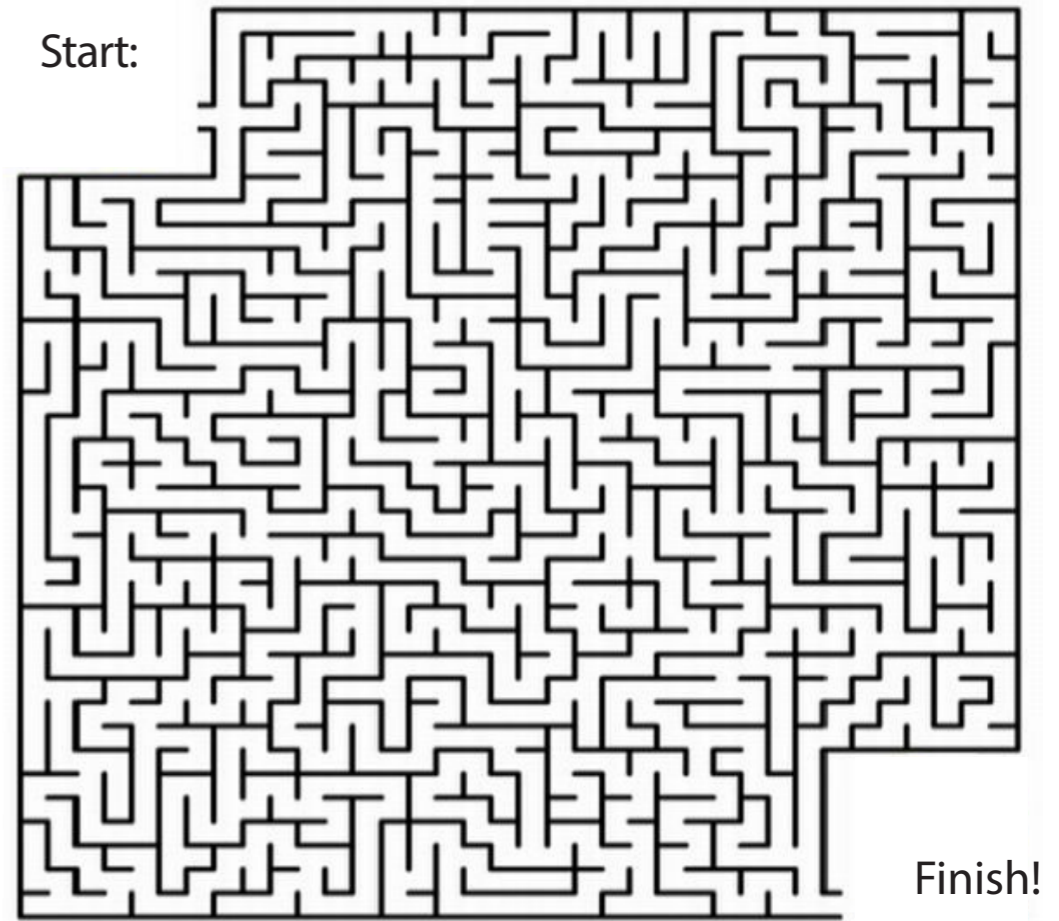


Colour in  
the farmyard!



Can you spot the eight  
differences? Once you  
have, you can colour it in!

Can you get to the end of the maze?



Join the dots to reveal the picture!

